

# LET THERE BE ... CONSISTENCY



**“Consistency When  
Weariness Comes”**

**Galatians 6:9**

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***“Let us not become weary  
in doing good, for at the  
proper time we will reap a  
harvest if we do not give  
up.” NIV***

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Dr. David W. Scott, Mission Theologian at the General Board of Global Ministries of The UMC conducted research into institutional decline and its effect on churches. He states, “The United States is, it seems, in a time of institutional decline. It is in a period of general decline in multiple forms of institutions, that trend is likely to have significant importance for the Church”

# *Spiritual Fatigue*

Spiritual fatigue is also referred to as spiritual weariness or a lack of strength to push forward; in other words, when you feel spiritually drained, defeated, and at times sick of trying.



*Galatians 6:2, Paul  
admonishes the Galatians to*

*“Bear one another’s burdens,  
and so fulfill the law of  
Christ.” NIV*

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A young man in a white t-shirt and dark shorts is walking on a paved sidewalk, holding the arm of an elderly man. The elderly man is wearing a blue shirt, khaki pants, and a cane. They are walking away from the camera on a sunny day. The background shows a green lawn, a hedge, and some buildings.

***“Let us not become weary in doing good,”***

*Paul said in Romans 12:20-21,  
“If your enemy is hungry, feed  
him, and if he is thirsty, give  
him a drink; for in so doing you  
will heap burning coals on his  
head. Do not be overcome by  
evil, but overcome evil with  
good.”*

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# ◀ 1573. ekkakeó ▶

## Strong's Concordance

**eklakeó:** faint, be weary.

**Original Word:** ἐκκακέω

**Part of Speech:** Verb

**Transliteration:** ekkakeó

**Phonetic Spelling:** (ek-kak-eh'-o)

**Definition:** faint, be weary

**Usage:** I am faint, am weary.

## HELPS Word-studies

**1573 ekkakeó** (from [1537](#) /ek, "out from and to" and [2556](#) /kakós, "inwardly bad") – properly, to be negatively influenced with the *outcome* of experiencing inner *weariness*.

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## NAS Exhaustive Concordance

[Word Origin](#)

## Englishman's Concordance

**Luke 18:1 V-PNA**

GRK: καὶ μὴ ἐνκακεῖν

KJV: and not *to faint*;

INT: and not *to faint*

**2 Corinthians 4:1 V-PIA-1P**

GRK: ἠλειθήμεν οὐκ ἐγκακοῦμεν

KJV: we have received mercy, *we faint* not;

INT: we received mercy not *we faint*

**2 Corinthians 4:16 V-PIA-1P**

GRK: Διὸ οὐκ ἐγκακοῦμεν ἀλλ' εἰ

KJV: For which cause *we faint* not; but

INT: Therefore not *we faint* but if

**Galatians 6:9 V-PSA-1P**

GRK: ποιῶντες μὴ ἐνκακῶμεν καιρῷ γὰρ

KJV: let us not *be weary* in well doing:

INT: doing not *we should lose heart* in time indeed

**Ephesians 3:13 V-PNA**

*As we are  
molded into a  
“Christ-like”  
image, our  
consistency will  
remove  
uncertainty and  
create trust.*

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Psalm 37:3,5 states,  
“Trust in the  
Lord...Commit your  
way to the Lord;  
trust in him, and he  
will act.”

*Kairós*  
set or  
proper time,  
opportunity,  
season,  
time, a  
while.

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*John 16:33, NLT: I have told you all this so that you may have peace in me. Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world.'*

*SOWING*

*REAPING*



*FUTURE  
HARVEST  
DEPENDS  
ENTIRELY  
ON THE  
PRESENT  
SOWING*

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SOWING





**Faithful, faithful, faithful is our God  
Faithful, faithful, faithful is our God  
I'm reaping the harvest God promised me  
Take back what the devil stole from me  
And I rejoice today, for I shall recover it all  
Yes, I rejoice today, for I shall recover it all**

*Remaining  
Consistent When  
Weariness Comes  
requires that  
you.....*

**#1**

**Renew Our Practices**

*Remaining  
Consistent When  
Weariness Comes  
requires that  
you.....*

**#2**

**Relinquish Our Will**

*Remaining  
Consistent When  
Weariness Comes  
requires that  
you.....*

**#3**

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**Remain  
Accountable To  
Ourselves and  
Others**

*Remaining  
Consistent When  
Weariness Comes  
requires that  
you.....*

**#4**

**Remember Our  
“YES”**

*Questions  
for  
Discussion*

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1) Have you ever experienced “spiritual fatigue” or dehydration? If so, how did the living water quench your thirst? What did you do to replenish?

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2) What does “doing good” mean to you?

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3) In reviewing the four ways to help us remain consistent when weary (renew our practices, relinquish our will, remain accountable, and remember our “yes”), which are challenging and why?