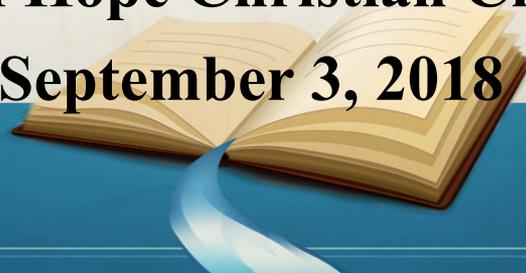


**I Am A Champion:
Overcoming the Attitudes,
Emotions, Passions And Habits That
Threaten To Defeat You!**

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“Green with envy!”



Envy is first and foremost about comparing oneself unfavorably with another who is perceived or experienced as better, having qualities or possessions that one desires.



**Envy wants
what another person has.**



Envy is the opposite of pride.



**Envy is what we would
call a hidden sin.**



Envy is closely aligned with covetousness. Covetousness is an inordinate desire for wealth, possessions or whatever another person possesses; personal attributes or persons in their lives.



**You shall not covet your neighbor's wife.
You shall not set your desire on
your neighbor's house or land,
his male or female servant,
his or her ox or donkey, or anything
that belongs to your neighbor.**

Deuteronomy 5:21



I Samuel 18:6-9



**When you question your own
gifts and abilities, you are
showing a lack of appreciation
for who God is and what he
has done for you.**



When we envy what others have, then we are basically questioning God's wisdom and his sovereignty.



But who are you, a human being, to talk back to God? Shall what is formed say to the one who formed it, “Why did you make me like this?” Does not the potter have the right to make out of the same lump of clay some pottery for special purposes and some for common use.

Romans 9:20-21



Psalm 139:13-16



Psalm 40:5



**A gift opens the way for the giver
and ushers him or her
into the presence of the great!**

Proverbs 18:16



**When we see greatness in
others, it ought to inspire
greatness in us.**

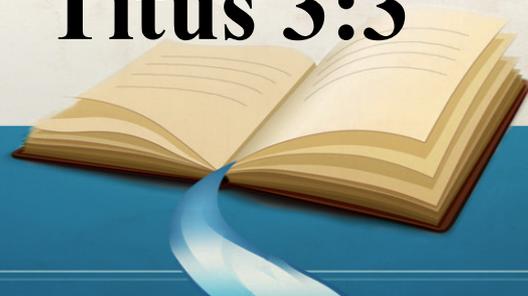


**Envy causes us to be angry,
bitter and resentful.**



**At one time we too were foolish,
disobedient, deceived and enslaved by
all kinds of passions and pleasures. We
lived in malice and envy, being hated
and hating one another.**

Titus 3:3



**For where you have envy and selfish
ambition, there you find disorder and
every evil practice.**

James 3:16



**If you are green with envy,
you're ripe for trouble.**



**When envy becomes bitter, then
it causes us to want
to diminish or destroy the
person we envy.**



Genesis 4:1-8



**If you can't beat the competition,
eliminate them!**



**You may not eliminate the
competition, but you can
diminish them.**



**Envy provides the mud that
failures throw at success.**

Rick Warren



**Envy is hazardous
to relationships.**



Leah and Rachel

(Genesis 29:14-30:23)



**Jealousy says,
“I want what you have.”**



**Envy says,
“I not only want what you
have, but I want you to lose
what you’ve got.”**



**Joseph's brothers were jealous
of him and so they sold him
into slavery – Genesis 37:11**



Haman and Mordecai

Esther 5:15

The Pharisees and Jesus

Matt. 27:18



Daniel and the Satraps and administrators – Daniel 6:4



**Envy causes conflict
in our relationships!**

James 4:1-2



**What causes fights and quarrels
among you? Don't they come
from your desires that battle
within you?**



Envy makes you miserable.



**A heart at peace gives life to the
body, but envy rots the bones.**

Proverbs 14:30



**Let us not become conceited,
provoking and envying one
another.**

Galatians 5:26



Principles to deal with envy!

1. Discover and celebrate your own gifts and abilities and unleash them.

I Corinthians 12:1-6



Principles to deal with envy!

2. Be realistic



Principles to deal with envy!

**3. Be content with what you have
and who you are – Philippians
4:11-13**



**Contentment is not complacency,
nor is it an escape from reality.
Contentment is an abiding peace
and confidence in the
circumstance.**



The word “content” means contained. It is a description of the person whose resources are within so that he or she doesn't have to depend on substitutes without.



Principles to deal with envy!

4. Joy with life helps to keep envy in check.



Principles to deal with envy!

5. Know that God loves you and has given you his best; He has made you unique and wonderful.



Principles to deal with envy!

- 6. Confess your envy, jealousy, ill feelings to God – I John 1:9**
- 7. Take note of the person you are envious of or cannot celebrate and ask the Holy Spirit to help you love him or her unconditionally.**



Principles to deal with envy!

8. Find ways that you can affirm and celebrate the person.

**9. Let love be your guide in every relationship and every encounter –
I Corinthians 13:4-7**



Discussion:

Think about an instance where you have been envious of another. What was it he or she possessed that you wanted? Why was having it so important to you? What are the gifts, abilities, possessions, looks that you have diminished in comparison to someone else?

