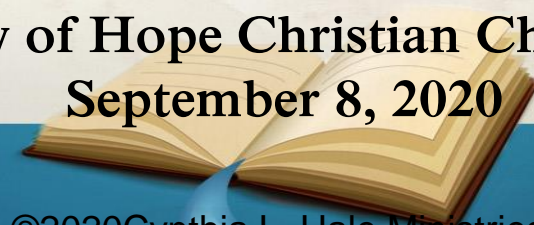


# Priorities for Prosperity in the Pandemic and Beyond

## Dealing With False Guilt

**Rev. Dr. Cynthia L. Hale**  
**Ray of Hope Christian Church**  
**September 8, 2020**



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**Cast your care upon  
the Lord, for he  
cares for you.**

**I Peter 5:7**



**Finally, my brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.**

**Philippians 4:8**





# Dealing With False Guilt



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**True guilt exists when we feel a valid sense of shame for having sinned against God and have not depended upon the blood of Christ for the forgiveness of our sins.**

**R.T. Kendall**



**If we confess our sins,  
he is faithful and just to  
forgive us and cleanse us  
from all unrighteousness.**

**I John 1:9**





**Since God has forgiven us;  
we are to forgive ourselves.**



**I know that God has  
forgiven me, but I can't  
forgive myself.**





**Pseudo guilt comes from the Greek word, Pseudo, which means “untrue” or “lie”. It is false as opposed to true.**



**It is for freedom that Christ  
has set us free. Stand firm then  
and do not let yourselves to  
be burdened again by  
a yoke of bondage.**

**Galatians 5:1**

**Cast all your care,  
your anxiety upon him  
for he cares for us.**

**I Peter 5:7**





- 1. We need to identify and dignify what is from God.**
- 2. We must learn to detect and reject what is not from God.  
False guilt is not from God.**



**Once we discover that we are dealing with false guilt then we need to “cast” it on the Lord, which literally means to “throw or hurl, to fling or throw off or throw it away.”**



# Galatians 5:17



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**The Spirit gives life; the  
flesh counts for nothing.**

**John 6:63**



**J.B. translation says,  
“The flesh has nothing to offer.”**

**Philips’ translation says,  
“The flesh will not help us.”**



**The flesh is fertile ground  
for false guilt.**

**R. T. Kendall**





**1. We are saved – Regeneration –  
Born again – John 3:3**

**2. We are being saved – Sanctification**

**3. We will be saved – Glorification –  
Romans 8:30**



# Philippians 3:12-14



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**Perfection is the goal of the believer in body, mind, soul and spirit. The word “perfect” is “telious” and it talks about “being whole and complete, not lacking anything, physically, spiritually, emotionally, mentally”.**





**As a consequence of our imperfect psychological blueprint, we are vulnerable to a sense of shame that is not the result of any wrong we have done; therefore, it is not from God.**



**False guilt can also be identified as counterfeit guilt, since it also comes directly from our great accuser, the devil.**



**The accuser of the brothers and  
the sisters, who accuses them  
before God, day and night.**

**Revelations 12:10**





**He is a liar, the father of lies  
and when he lies, he speaks  
in his native tongue.**

**John 8:44**



**We experience false guilt  
when we feel we have let  
ourselves down.**



# Reflection:

**When have you experienced false guilt? What affect did it have on you?**





**We have to be careful that when we feel guilty, that we don't go to the other extreme and repress what we really feel as a defense mechanism.**



**You can only correct what  
you are willing to confront!**

**T.D. Jakes**



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# 1. Recognize your false guilt.





# Jeremiah 29:11



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- 1. Recognize your false guilt.**
- 2. Release it to God.**



- 1. Recognize your false guilt.**
- 2. Release it to God.**
- 3. Refuse it.**





- 1. Recognize your false guilt.**
- 2. Release it to God.**
- 3. Refuse it.**
- 4. Replace your negative thoughts with positive ones. – Philippians 4:8**



## **5. Resist Satan**

**a. Submit yourselves, then,  
to God. Resist the devil and  
he will flee from you. James 4:7**



## **5. Resist Satan**

**a. Submit yourselves, then, to God. Resist the devil and he will flee from you. James 4:7**

**b. Be alert and of sober mind.**





# II Peter 5:8-9



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# Ephesians 6:10-18



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# Discussion/Reflection:

1. When have you experienced false guilt?
2. What affect did it have on you?
3. How did you handle it?
4. How will you handle it in the future?

