

# Priorities for Prosperity in the Pandemic and Beyond

## Making Me A Priority Through Setting Boundaries

Rev. Dr. Cynthia L. Hale  
Ray of Hope Christian Church  
September 1, 2020



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**Love your neighbor  
as you love yourself.**

**Matthew 22:39**



**2. Carry each other's burdens,  
and in this way fulfill the law  
of Christ. 5. For each one should  
carry their own load.**

**Galatians 6:2,5**



**Over functioning is doing  
for others what they can and  
should do for themselves.**

**Gerri Scazzero**



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**Over functioning is not good  
for you and it certainly is  
not good for others.**



# Over-functioning breeds resentment.



**Over-functioning prevents  
you from focusing on your  
life's calling and what you  
are uniquely gifted and  
qualified to do.**



**Over-functioning erodes  
your spiritual life.**





**We are too busy not to pray!**



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**In repentance and rest is your  
salvation, in quietness and trust is  
your strength, but you would  
have none of it.**



**Be still and know that I am God!**

**Isaiah 30:15**



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**Over-functioning destroys  
community.**



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**Over functioning keeps people  
immature, preventing them  
from growing up and  
becoming responsible.**



**The fear of quitting our  
over functioning is that  
something will not happen,  
things will fall or fall apart.**



# You need to set some Healthy Boundaries!



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**Boundaries**  
**are about relationships**  
**and ultimately about love.**  
**Boundaries are an act of love.**





**Boundaries help us love  
ourselves and love one another  
in a healthy, mutually  
beneficial way, one that is  
good for everyone involved.**



**Boundaries help us set priorities  
that will bless our lives and cause  
our relationships to prosper.**



- **Pleasing people, being nice and doing everything they expect of you.**
- **Taking responsibility for others by taking care of their feelings and problems.**
- **Confused about what is your responsibility and what is not.**



**Be fruitful and increase in number;  
fill the earth and subdue it. Rule  
over the fish of the sea and the birds  
of the air and over every living  
creature that moves on the ground.**

**Genesis 1:28**

**What are you doing for others  
that you should not be doing?  
What are some of the hooks that  
people use to get you to take  
responsibility for their stuff?**



**Any confusion of responsibility  
and ownership in our lives is a  
problem of boundaries.**

**Cloud and Townsend**

***Boundaries***



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**We torture ourselves mentally,  
physically and spiritually  
because of our inability  
to set boundaries.**

**Fran Hewitt**



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**What is a boundary?  
What does it look like?**

**Townsend and Cloud**

*Boundaries:*

*When To Say Yes, How To Say No*





**If one does not own the  
property, then one is not  
responsible for the property.**



**Boundaries define us.**



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**We are responsible “to”  
others and “for” ourselves.**

**Galatians 6:2**



**Carry each other's burdens  
and in this way, you will fulfill  
the law of Christ.**



**The Greek word for burden  
refers to “excess burden” or  
“burdens so heavy that they  
weigh us down.”**



**When we deny ourselves to do for others what they cannot do for themselves, we are showing the sacrificial love of Christ.**



**This is being responsible “to”!**



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**Each one should carry his  
(or her) own load.**

**Galatians 6:5**





**The Greek word for “load” in contrast means “cargo” or “the burden of daily toil”.**



**Guard your heart with all  
diligence, for it is the  
wellspring of life!**

**Proverbs 4:23**



**Boundaries are defined  
by God's nature.**



**God defines himself as a  
distinct, separate being who is  
responsible for himself.**



**God has serious boundaries.**



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# Examples of Boundaries

- **Words**



**The most fundamental  
boundary setting word is NO!**



**Let your no be no  
and your yes be yes!**

**Matthew 5:37**





- **No is a confrontational word!**
- **No is a no-nonsense word.**



- **No means no! I will not be mistreated, I will not be abused!  
No, I don't want to do that!  
No, I am not interested.  
No, you cannot do that, go there, say that in my presence!**



# Reflection:

Is saying “no” difficult  
for you? Why?



**We are not to give to others,  
“reluctantly or out of  
compulsion.”**

**II Corinthians 9:7**



# Discussion:

**To whom or what do you find  
it hard to say no and why?**



# Geographical Distance



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**We have to come apart before  
we come apart, like Jesus  
did in Mark 6:31.**



# Emotional Distance



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**Supportive people  
in your life.**



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# Consequences



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**Behaviors have  
consequences.**



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**A man or woman reaps  
what he or she sows!**

**Galatians 6:7-8**



# Choices



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