

“Overcoming Your Fears”

2 Timothy 1:3-7

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2 Timothy 1:3-7

◇ ³ I thank God, whom I serve, as my ancestors did, with a clear conscience, as night and day I constantly remember you in my prayers. ⁴ Recalling your tears, I long to see you, so that I may be filled with joy. ⁵ I am reminded of your sincere faith, which first lived in your grandmother Lois and in your mother Eunice and, I am persuaded, now lives in you also. ⁶ For this reason I remind you to stir up the gifts of God, which is in you through the laying on of my hands. ⁷ For God has not given us a Spirit of fear, but gives us power, love and a sound mind.

Stir the Batter



Paul & Timothy

- ◇ Timothy is Paul's son in the ministry, has assisted him on a several missionary journeys.
- ◇ Paul is imprisoned in Rome writing to Timothy in Ephesus teaching and telling him to overcome his fears.

Overcoming Your Fear Requires:

01

USE YOUR
MEMORY

02

EMBRACE YOUR
MYSTERY

03

BRING FORTH
YOUR MINISTRY

#1). Use Your Memory

- ◇ Verse 5, “I am reminded of your sincere faith, which first lived in your grandmother Lois and in your mother Eunice and, I am persuaded, now lives in you also.”
 - ◇ Eunice (Εὐνίκη) transliterates as “good victory”
 - ◇ You come from a lineage of people (women) whose faith is also in you!



#2). Embrace Your Mystery

- ◇ Verse 6, “For this reason I remind you to stir up the gift of God, which is in you through the laying on of my hands.”
 - ◇ Dr. Howard Thurman, “Do not ask what this world needs, but ask what makes you come alive and go do it because what this world needs is people who have come alive.”



#3). Bring Forth Your Ministry

- ◇ Verse 7, “For God has not given us the spirit of fear, but that of love, power, and a sound mind.”
 - ◇ Power (dynamis) = English word “dynamic” or “dynamite”
 - ◇ Something explosive is inside of you, but it must be ignited by fire!



Questions for Consideration?

- ◆ In what ways can I stir up my gifts to impact and transform?
- ◆ What am I most afraid of and why?
- ◆ What gifts do I uniquely possess?